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| **Full source reference:**  Romli, M. H., & Wan Yunus, F. (2020). A systematic review on clinimetric properties of play instruments for occupational therapy practice. *Occupational therapy international*, *2020*. |
| **Free access link**:  https://www.hindawi.com/journals/oti/2020/2490519/ |
| **Article Overview:**  This is review identifying play instruments relevant to occupational therapy practice and their clinimetric properties.  The analysis comprised of 30 articles, and examined 8 play instruments. |
| **Key take home messages:**   1. The Revised Knox Preschool Play Scale is considered the most extensive and comprehensive play instrument for extrinsic aspects 🡪 it can be considered the gold standard for OT play assessment, easy to administer and accepted across disciplines. The scale utilizes observations. 2. The Test of Playfulness + Test of Environmental Supportiveness Unifying Measure is a promising play instrument for intrinsic aspect of play, such as motivation. The measure also utilizes observations. 3. In addition to observational instruments, the My Child’s Play is a potential questionnaire-based play instrument. 4. The current development of play instruments within OT is immature 🡪 occupational therapists should combine findings from the instrument with good clinical reasoning when selecting a play instrument to use in practice. 5. Occupational therapy practitioners should consider both characteristics (i.e., skills) and quality traits (i.e., enjoyment) on play either during the evaluation or intervention. |